

AFRICAN HOLISTIC HEALTH CHAPTER OF NY



CHAPTER CALENDAR OF EVENTS 2017

JANUARY 2017

January 17 @ 11a – 9p: Harlem Senior Citizen's Reflexology Party

RSVP with Ms. Marva Nelson – 212:283-2179

Next Harlem Reflexology Party dates: **March, May, July, September & November**

Dec 20th – Mercury Retrograde in Capricorn Goes Direct Jan 9, 2017

FEBRUARY 2017

February 21 @ 11a – 9p: Bronx Senior Citizen's Reflexology Party

RSVP with Ms. Marlene Perrineau – 718-731-5763

Next Bronx Reflexology Party dates: April, June, July, Aug, Oct, December

MARCH 2017

March 13 @ 11a – 9p: Harlem Senior Citizen's Reflexology Party

RSVP with Ms. Marva Nelson – 212:283-2179

Next Harlem Reflexology Party dates: May, **Sept & Nov**

New Life Expo – March 17 – 19th, 2017 @ Hotel New Yorker

<https://newlifeexpo.com/>

Chapter's Annual MeatOut & Open House

March 18 – 19, 2017 @ 12p – 7p

Day 1: Workshops:

Film Screening:


"Benefits & Presentation of Alkaline Water"

Interactive Vegan Food Preparation Class – Baaba Pa-ur"

"Film Screening Q&A"

Meet, Mix & Mingle

Day 2: Workshops:



Film Screening - TBD
"Benefits of Yoni Steam for Women"
Guest Speaker, Dr. Patricia Selassie
Q&A

Meet, Mix & Mingle
Vegan Food both days (donations appreciated for food)
Alkaline Water Samples, Organo Gold Wellness Coffee Samples, Wellness Snacks, Goodie Bags & Wellness Products & Services will be available for sale !!!

New Life Expo @ Hotel Pennsylvania – March 18 -20th -tbd
www.newlifeexpo.com

APRIL 2017

Veggie Pride Parade – April 3, 2017
Chapter Information Table at this outdoor Event in Union Square Park
<http://www.veggieprideparade.org/>

National Action Network Convention – April 6 – April 10
www.nationalactionnetwork.net/

April 11 @ 11a – 9p: Bronx Senior Citizen's Reflexology Party
RSVP with Ms. Marlene Perrineau – 718-731-5763
Next Bronx Reflexology Party dates: 6/14, 7/14, 8/15, 9/13, 10/17, 12/12

Mercury Retrograde April 9th in Aries

Harlem Holistic Wellness Week – April 29 to May 6
Contact: Master Tony Rogers - yourway2wellness2014@gmail.com

MAY 2017


May 16th @ 11a – 9p: Harlem Senior Citizen's Reflexology Party
RSVP with Ms. Marva Nelson – 212:283-2179
Next Harlem Reflexology Party dates: **7/12, 9/13 & 11/1**

Mercury Direct - May 3rd in Taurus

NAVEL EXPO – May 6-7, 2017
<http://www.navelexpo.com/expo.php>

NYC Vegetarian Food Festival – May 20 –21, 2017
www.NYCVegFoodFest.com

Dance Africa @ Brooklyn Academy of Music – May 26 – 29, 2017 - \$600 Craft \$1200 Food
<http://www.bam.org/danceafrica>



Harlem's Senior Citizen's Day – May 27 @11a to 3p – Harlem State Office Bldg. – TBD

JUNE 2017

Dee's Annual Pampering Party – June 3, 2017 @ 12p to 9p, Rain Date: June 10th -\$25 vending
Rosedale, Queens

June 13 @ 11a to 5p – Rikers Island Health Fair

June 13 @ 11a – 9p: Bronx Senior Citizen's Reflexology Party
RSVP with Ms. Marlene Perrineau – 718-731-5763
Next Bronx Reflexology Party dates: 7/14, 8/15, 9/13, 10/17, 12/12

Kowteff Juneteenth Celebration - June 18 @ 11a to 7p - <http://kowteff.org/>

JULY 2017

African Intl Arts Expo – July 1 – July 4: <http://www.iaafestival.org/>
Early Bird March 2017

July 11 @ 11a – 9p: Bronx Senior Citizen's Reflexology Party
RSVP with Ms. Marlene Perrineau – 718-731-5763
Next Harlem Reflexology Party dates: **9/13 & 11/14**

Harlem Book Fair – July 15, 2017 @ 10a – 6p – Event for Authors - <http://www.harlembookfair.com/>

Great Day in Harlem – July 30 @ Grants Tomb @ 12p to 7p

AUGUST 2017

August 15 @ 11a – 9p: Bronx Senior Citizen's Reflexology Party
RSVP with Ms. Marlene Perrineau – 718-731-5763
Next Bronx Reflexology Party dates: 9/13, 10/17, 12/12

Harlem Week – Aug 19 - 20 - per booth per day
<http://harlemweek.com/calendar-of-events/>

Mercury Retrograde Aug 12th in Leo

SEPTEMBER 2017

Mercury Retrograde Direct in Virgo - Sept 5th

September 12 @ 11a – 9p: Harlem Senior Citizen's Reflexology Party



RSVP with Ms. Marva Nelson – 212:283-2179
Next Harlem Reflexology Party dates: **11/1**

Apollo's Healthy SoulFest – September 17th -TBD
<http://www.harlemhealthy.org/>

OCTOBER 2017

October 17 @ 11a – 9p: Bronx Senior Citizen's Reflexology Party
RSVP with Ms. Marlene Perrineau – 718-731-5763
Next Bronx Reflexology Party dates: 12/12

Philly's Locks Conference – Oct 1st – 2nd - www.locksconference.com/

Circle of Sisters @ Jacob Javits Center – Date Oct 29 & 30th - TBD
\$1500 for 10x15 & \$1200 10x10
<http://www.circleofsisters.com/>

New Life Expo – Oct 20 – 23 - TBD
www.newlifeexpo.com

NOVEMBER 2017

November 14 @ 11a – 9p: Harlem Senior Citizen's Reflexology Party
RSVP with Ms. Marva Nelson – 212:283-2179

DECEMBER 2017

December 12th @ 11a – 9p: Bronx Senior Citizen's Reflexology Party
RSVP with Ms. Marlene Perrineau – 718-731-5763

Mercury Retrograde December 2nd in Sagittarius – Goes Direct Dec 22 – in Capricorn

Chapter Year End Kwanzaa Meet & Greet Gift Exchange - Dec 26th
Spending Cap for Gift Exchange \$20 to 50

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